



DSM-III-R Classification of Personality Disorders

A. ODD OR ECCENTRIC

1. PARANOID: Tense, guarded, suspicious, holds grudges
2. SCHIZOID: Socially isolated with restricted emotional expression
3. SCHIZOTYPAL: Peculiarities of thought, appearance, and behavior that are disconcerting to others; emotionally detached and isolated

B. DRAMATIC, EMOTIONAL, OR ERRATIC

1. ANTISOCIAL: Manipulative, exploitive, dishonest, and disloyal lacking in guilt, habitually breaks social rules, has a childhood history of such behavior and also is often in trouble with the law
2. BORDERLINE: Cannot stand to be alone; intense, unstable moods and personal relationships; chronic anger; drug and alcohol abuse
3. HISTRIONIC: Seductive behavior needs immediate gratification and constant reassurance rapidly changing moods, shallow emotions
4. NARCISSISTIC: Self-absorbed, expects special treatment and adulation, envious of attention to others

C. ANXIOUS OR FEARFUL:

1. AVOIDANT: Easily hurt and embarrassed, few close friends, sticks to routines to avoid new and possibly stressful experiences
2. DEPENDENT: Wants others to make decisions, needs constant advice and reassurance, fears being abandoned
3. OBSESSIVE-COMPULSIVE: Perfectionist, overconscientious, indecisive, preoccupied with details, stiff, unable to express affection



4. PASSIVE AGGRESSIVE:

Resents demands and suggestions, procrastinates, sulks, "forgets" obligations or is deliberately inefficient

D. PROPOSED ADDITIONAL DSM-III CATEGORIES FOR STUDY

1. SADISTIC:

Takes pleasure in cruelty and violence, controls others by humiliation and intimidation

2. SELF-DEFEATING:

Creates situations that are certain to cause disappointment and rejection, feels exploited and mistreated