



How to Resolve Conflict

- Select an appropriate time.
- Listen carefully to the other person with effort to understand their viewpoint.
- Define the problem and write it down.
- Define the areas of agreement and disagreement.
- Identify your own contribution to the problem.
- Practice confession and forgiveness with one another about your contribution.
- Solution focus green light on possible solutions (no criticism or negatives).
- Choose solution you both like best.
- State positively what behaviors on your part would probably help.
- Is this revealing a root issue to resolve in my own heart?