

# How To Keep The Lustre In Your Marriage

# 1. Compliment and praise each other.

- a. Anyone can criticize, but very few compliments.
- b. A little bit of praise turns things into a big difference.
- c. Your compliments and praise will do you good, too.
- d. Compliment each morning and each evening.

#### 2. Spend some time alone.

- a. Many couples do not spend enough time alone. Someone is always around interfering.
- b. The amount of time together is not so important as the quality of time together.
- c. You can communicate better, understand each other better, when you are alone.
- d. Time alone won't come automatically. You must plan it. Set time aside, work at it.

# 3. Remember each other with gifts.

- a. The remembrance need only be a very small one.
- b. Even little gifts mean so much it's the thought.
- c. Never take your wife or husband for granted.

#### 4. Be courteous to each other.

- a. There are two ways to go through life: ROUGHSHOD OR SMOOTH. It pays.
- b. We tend to be courteous to those we look up to, who is better than your mate?
- c. Courtesy predisposes a person to do what you want them to do. Gets them on courteous quotient.

# 5. Concentrate on being the right partner rather than changing your partner.

- a. You may not be able to change your mate, but you can improve yourself.
- b. Your mate interprets your efforts to change him or her as resentment and rejection.
- c. Basically people don't want to be changed. They want to be appreciated.
- d. You don't have to change yourself by yourself. God will help you!!! "I can do ALL things...."

# 6. Be generous with your outward affection.

- a. More than anything else, your mate needs your affection.
- b. Some people find it hard to express affection, Why?
- c. Life is short, make it sweet with love.
- d. If you don't show affection, someone may likely do so!



## 7. Share little things with each other.

- a. Your spouse is special, share little things with him or her.
- b. Poems, stories, Scripture, happenings; share these and more.
- c. It's fun to share and it's also fun to receive sharing.

## 8. Encourage each other.

- a. This is the age of the rat race, pushing, shoving, and competing. We are reduced to bums.
- b. Everyone is a little tired, and a little discouraged.
- c. Even people who seem happy need encouragement.
- d. Your wife (or husband) needs encouragement. Let's do it at least twice a day.

## 9. Pray for each other and with each other.

- a. Effectual, fervent prayer of a righteous man availeth much.
- b. Prayer changes your mate, it also changes you!
- c. It's hard to hold grudges against the one you are praying for.
- d. Prayer is your greatest resource. Use it!!!!