



Good Thinking

Philippians 4:6-9

6: Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

7. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus.

8. Finally, brethren, what ever is true, whatever is honorable, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and is anything is worthy of praise, let your mind dwell on these things.

9. The things you have learned and received and heard and seen in me, practice these things; and the God of peace shall be with you.

1. Whatever is true (Greek Alethes – Definition of things – conforming to reality) Make a list of material blessings: Job, house, clothing, etc...

2. Whatever is honorable (Greek Semnos – Definition combining the sense of gravity and dignity. Denoting what inspires reverence and awe – the word points to seriousness of purpose and to self-respect in conduct.) What is your purpose? What were you created for?



3. What ever is right (just) Greek Dikaios – it designates the perfect agreement between God's nature and His acts. Here Paul encourages the Philippians to think on any circumstance, fact or deed that points to what is right with God and their lives.)
Make a list of God's character qualities and what God has done for you in the past.

4. Whatever is pure (Greek Hagnos – Definition – pure from defilement, not contaminated, pure from every fault, immaculate.) Is this not the condition of every blood-washed saint, including your spouse, child, or other Christian? Spend time thanking God for those truths.

5. Whatever is lovely. (Greek Prosphiles – Definition – pleasing, agreeable, loveable) – Make a list of things you have experienced in the Lord.



6. Whatever is of good repute. (Greek Dokeo – Definition – to be of opinion – this expresses, from the view point of the observer (you), his/her own judgement about a matter) Therefore, in your opinion what good can you see in the matter, circumstance, or event? Write it down.

7. Any excellence, or virtue (Greek Arete – Definition – properly denotes what ever procures pre-eminent estimation for a person or thing; hence, intrinsic eminence, moral goodness, virtue, that we have through faith in Christ Jesus our Lord.) Here you can write down who you are in Christ and spend some time verbalizing it out loud to yourself.

8. Anything worthy of praise – its not God worthy of praise? How about the work of His hand? Are you not also His workmanship? Praise Him for who He is in your life. Make a list.