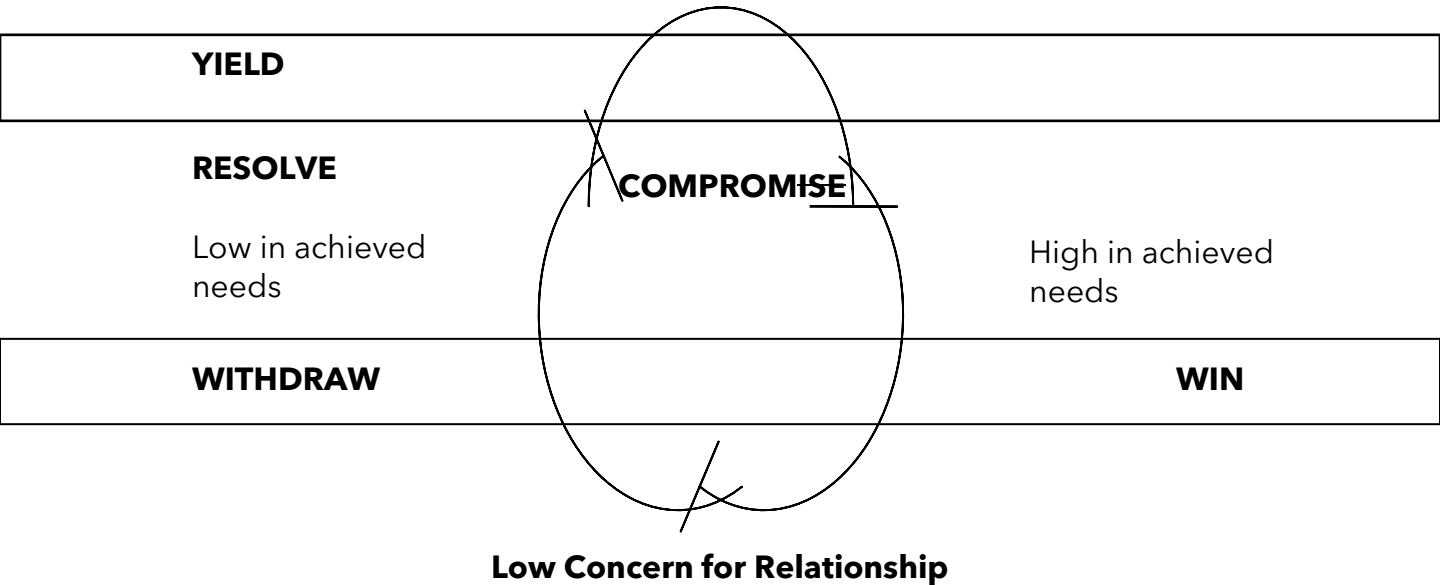




## FIVE STYLES OF HANDLING CONFLICT

### High Concern for Relationship



### HOW TO RESOLVE CONFLICTS

1. Select an appropriate time
2. Listen carefully to the other person with effort to understand their viewpoint.
3. Define the problem and write it down.
4. Define the areas of agreement and disagreement.
5. Identify your own contribution to the problem.
6. Practice confession and forgiveness with one another about your contribution.
7. Solution focus green light on possible solutions (no criticism or negatives).
8. Choose solution you both like best.
9. State positively what behaviors on your part would probably help.
10. Is this revealing a root issue to resolve in my own heart?