



Family Sexual History

If you were adopted or raised by someone other than your natural mother and father, you may want to fill out this section on both sets of parents.

1. What are your earliest remembrances of sex?
2. When, where, and from whom did you learn all about "the birds and the bees"?
3. What were your father's prevalent attitudes toward the following? (Use one-word or two- word descriptions.)

Premarital sex	Sexual fulfillment
Marital sex	Role of men in sex
Masturbation	Role of women in sex
Pornography	Nature and purpose of sex
Adultery	A man's penis
Oral sex	A woman's breasts, vaginal area, buttocks
4. What were your mother's prevalent attitudes toward the following? (Use one-word or two-word descriptions.)

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| Premarital sex | Sexual fulfillment |
| Marital sex | Role of men in sex |
| Masturbation | Role of women in sex |
| Pornography | Nature and purpose of sex |
| Adultery | A man's penis |
| Oral sex | A woman's breasts, vaginal area, buttocks |



5. What are your current attitudes toward the following? (Use one-word or two-word descriptions.)

Premarital sex
Marital sex
Masturbation
Pornography
Adultery
Oral sex

Sexual fulfillment
Role of men in sex
Role of women in sex
Nature and purpose of sex
A man's penis
A woman's breasts, vaginal area, buttocks

6. Are your attitudes more similar to your mother's or your father's?

7. Did you ever witness sexual foreplay or sex by your parents or someone else? If so, how did it affect you?

8. What judgments or vows about sex, sexuality, men, women, etc., can you remember making as a result of your parents?

9. Which, if any, of the following were found in your father's or mother's line? Specify who.

___ Adultery

___ Child molestation

___ Masturbation

___ Bestiality

___ Pornography

___ Petting before marriage

___ Premarital sex

___ Coarse or crude sexual jesting

___ Incest

___ Lust

___ Rape



10. Has some other person or member of your family had an influence on shaping your sexual attitudes and preferences? If so, who and how?

11. What have you learned about yourself and your family as a result of answering these questions?