



Family Inventory

Instructions: For each statement, write in a number according to the following scheme;

Write a "1" if the statement was *almost never* true for your family.

Write a "2" if the statement was *sometimes* true for your family.

Write a "3" if the statement was *almost always* true for your family.

- ___ 1. Family members supported each other when they had problems.
- ___ 2. Family members felt free to speak their minds.
- ___ 3. It was easy to talk about almost anything with my family.
- ___ 4. All family members participated in making family decisions.
- ___ 5. Our family did a lot of things together.
- ___ 6. In our family, children had a say in how they were disciplined.
- ___ 7. Our family loved to be in the same room together.
- ___ 8. Our family enjoyed discussing problems and solutions together.
- ___ 9. Each of us knew that our friends were also the family's friends.
- ___ 10. Everyone shared responsibilities in our family.
- ___ 11. Family members shared interests with one another.
- ___ 12. Rules changed often in our family.

To complete the inventory, first add up the totals for the odd-numbered questions, then add up the totals for the even-numbered questions. Write the totals in the spaces below.

___ Odd-numbered questions

___ Even numbered questions