Twelve Ways To Betray Your Partner.

* Violations of commitment. One or both partners have not determined this is their journey for life. They remain open to flirtations or suggest in varying ways they are still available.
* Betrayals of emotional / sexual exclusivity. One or both partners engage in emotional and sexual relationships with other people.
* Betrayals by secrets, lies and deception. Partner agree to be honest when in fact they are not.
* Coalitions with others against their partner. One or both partners for coalitions against each other with another person. This could be a friend, relative or the children to name a few.
* Betrayals by disinterest. One or both stop expressing interest each others thought’s, feelings or inner world.
* Batrayals by unfairness and lack of care. Couples have agreed in principle that finances, resources and division of labor are fair and equitable for each other when in fact they are not.
* Batrayals of affection. Couples have agreed to treat each other with affection. One or both become uneffectionate, unresponsive or cold to each other.
* Betrayals by lack of sexual interest. Couples display a lack of attraction and physical intimacy towards their partner.
* Betrayals by abuse. Emotional abuse consists of social isolation, sexual coercion, extreme jealousy, public humiliation, belittling and degradation to name a few. Physical abuse is any unwanted touch.
* Betrayals by disrespect. Couples stop cherishing one another. They express disrespect, mockery, sarcasm as well as many other means of asserting superiority.
* Betrayals by not meeting needs. One or both act as if the relationship will require no sacrifice.
* Betrayals by breaking vows and promises. Partners make promises they do not keep. Eventually they make promises they never intended to keep.