



Deliverance From Sexual Strongholds

The Lord commands us to “possess ye your souls” (Luke 21:19). Strongholds in our souls (mind-emotion-will) are formed through sin. The more intense and the longer the duration of the sin, the greater the stronghold. “The weapons of our warfare are divinely powerful for the destruction fortresses.” (II Corinthians 10:4) The land of our soul is to be cleared and cleansed so that it can be inhabited by God’s Holy Spirit to minister life to all the people. Sins of long ago, even though not consciously on one’s mind, can feed our current symptoms if they have not been confessed and cleansed properly.

PREPARATION FOR DELIVERANCE

a. Total commitment to Christ.

The first step in preparing for deliverance is to come to Jesus with your whole heart, laying down all your idols and confessing all known sin in your life (John 1:9). The Bible says that we are to have no other God’s before Him. In fact, the Bible is very clear in saying that no idolater will inherit the Kingdom of God (Revelation 22:15, Ephesians 5:5). An idol is anything you put before the Lord Jesus. If you treasure anything more than Jesus and are not willing to turn to Him in repentance, then you are wasting your time going through deliverance.

b. Forgiveness

To be forgiven, we must forgive (Matthew 6:14-15). To have our prayers answered, we must forgive (Mark 11:25, Psalms 66:17-18). More problems are rooted in unforgiveness than any one cause. The quickest way for God to turn you over to the torturers is for you to hold unforgiveness in your heart. Read (Matthew 18:21-35) When demons see sin in our lives, they have the legal right to move in on us.

Forgiveness is not an emotion, it is a decision. God has never said that we have to “feel like” forgiving, but he has commanded us to forgive. One must decide and choose to forgive. God’s power in that person then makes forgiveness a reality.

(1) Ask the Holy Spirit to reveal to you any person or persons (including yourself) toward whom you have unforgiveness or even a negative, critical, resentful thought. List their names: _____



(2) By an act of your will CHOOSE TO FORGIVE them and pray this simple prayer from your heart.

Father, in the Name of Jesus, I have not loved the following people (name people and groups) who have hurt and disappointed me. I have held unforgiveness in my heart. I call upon you Father, to help me forgive them and to help me love and understand them as only you can do. I can't do it Lord without you. Please forgive me and work forgiveness in my heart because I ask for it in the name of Jesus. Lord, I have another confession to make. I also have not loved or forgiven myself. Please forgive me. I choose to love and forgive myself in the name of Jesus Christ. Amen.



IDENTIFYING SIGNS OF STRONGHOLDS

(Check those that apply to you)

_____ Guilt-Self Condemnation

_____ Unsatisfactory sexual
relationship with mate

_____ Troubled thought life

_____ Justification of sensual activities

_____ Impure words and actions

_____ Meaningless/ difficulty praying

_____ Confusion-lack of concentration

_____ Philosophical/theological
argumentation

_____ Instability

_____ Religious/ social compensation

_____ Recurring dreams

_____ Easily deceived (fooled)

_____ Spiritual separation from God

_____ Strong desire for sex

_____ Infliction of pain with sex

_____ Sexual desires for persons of the
same sex

_____ Desire to be the opposite

_____ Other



IDENTIFYING GROUNDS OF STRONGHOLDS

- | | |
|---|--|
| _____ Childhood touching/playing | _____ Acts of petting |
| _____ Peeping Tom | _____ Acts of fornication |
| _____ Lusting of the eye | _____ Acts of Adultery |
| _____ Mental fantasy and dreaming | _____ Habit of masturbation-self love |
| _____ Reading and looking at books / | _____ Molestation Pornography (playboy etc.) |
| _____ Movies /TV | _____ Moral impurity in parents |
| _____ Homosexual actions and thoughts
- Lesbianism | _____ Sadism, Masochism |
| _____ Bestiality | _____ Concentrating on parts of the anatomy or underclothing |
| _____ Incest, rape, sexual abuse | _____ Prostitution |



IDENTIFYING REASONS AND MOTIVES FOR STRONGHOLDS

Most often, behind each sexual sin is some form of ruination or blockage in the childhood.

It is important to deal with the root reasons for falling into sexual sin. Ask God to show what other problems were associated with the sexual sin.

- _____ 1. Anger and rebellion toward parents.
- _____ 2. Throw oneself away to prevent parents from rejoicing in their child's glory.
- _____ 3. Hunger for a father's love, so that the touch of a man becomes a tonic.
(Failure to receive love from the father).
- _____ 4. A "no" could be spoken. (Peer pressure – fear of rejection.)
- _____ 5. I need to punish parents. (Hate of parents)
- _____ 6. A lack of functioning conscience because the father had never been there.
(Lack of father's love.)
- _____ 7. A lack of love and respectful care for one's own being. (Self rejection --- Self hatred.)
- _____ 8. Hatred of men/woman – to conquer and to take advantage of the opposite sex.
- _____ 9. Ancestral, or parental sins – example, infidelity, divorces.
- _____ 10. Sexual restraints lowered through drugs/alcohol.
- _____ 11. Conceived in lust, out of wedlock.
- _____ 12. Need to prove that men or woman or like one of their parents (bitterroot judgement).
- _____ 13. Other

As a person recognizes root causes, and understands that the underlying reasons for promiscuity were not first sexual, but psychological, that can help them to cease viewing all sexual impulses as nasty, and enables the person to allow true and proper impulses to flow in sexual areas.

Write a paragraph describing God's revelation to you concerning motive and reasons for sexual sins.



SCRIPTURES

II Corinthians 7:1...Let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God.

I Corinthians 6:16, 18 ...Do you not know the one who joins himself to a harlot is one body with her? For He says, "The two shall become one flesh".

Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.

Colossians 2:13, 14...He made you alive together with Him, having forgiven us all our transgressions, having canceled out the certificate of debt consisting of decrees against us and which was hostile to us; and He has taken it out of the way, having nailed it to the cross.

I John 1:9...If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

I John 1:7... If we walk in the light as He himself is in the light, (obey)...the blood of Jesus His son, shall cleanse us from all sin.

Proverbs 28:13,14...He who conceals his transgression will not prosper, but he who confesses and forsakes them will find compassion. How blessed is the man who fears always, but he who hardens his heart will fall into calamity.

Revelation 12:11...And they (believers) overcame him because of the blood of the Lamb and because of their testimony, and they did not love their life even unto death.



TAKING AWAY THE GROUND

1. Ancestral - parental sins _____check

- Explain:

- Out of wedlock, infidelity, disease

2. Child abuse

List in chronological order, first name


3. First encounter with sex.

4. Sexual partners (chronological)

(first name)

Partners problems: occult, drugs and rebellion, fears, etc.

_____ SELF





PRAYERS

In the name of Jesus, I direct your spirit to forget the union with _____. I sever any soul tie from my mind, emotions, or body, in Jesus Name. You are loosed from that one. I set your spirit free to cleave only to your mate. Whatsoever is loosed in heaven is loosed in earth.

I break and sever all demonic ties from _____ and command them to every part of _____, spirit, soul and body.

Release _____ in Jesus Name. (Name specific forces through the Holy Spirit's guidance. Example: spirits of lust, adultery, sexual deviation, control, rebellion, fear, occult, etc. See common demonic groupings.) Cleanse _____ from their sins, and close the doorway forever with the precious blood of Jesus, by faith I thank you Lord, for forgiving, cleansing and freeing _____ from these forces.

Ancestral sin

As a child of God purchased by the blood of the Lord Jesus Christ, I here and now renounce and repudiate the moral impurity sins of my ancestors. (Father, mother, where you can be specific - infidelity, for example.)

All adultery, fornication, sexual deviation, masturbation, I sever from every part of me. Lord set me free from their power and influence. I cast out, in Jesus' Name, all demonic workings that has been passed on to me from my ancestors.