



## Detachment With God's Love

*Now... let's look at detachment. What is it?  
What does detachment with love mean?*

**Detachment means** separating the personality I love from the addiction I despise.

**Detachment means** accepting the chemical dependent as an individual of worth and dignity, while rejecting the destructive influences of addiction on myself and on my family.

**Detachment means** asking God to help me with anger, resentment, fear, recrimination, self justification and self pity, so that decisions can be made and actions take dispassionately, in loving wisdom and calm resolve.

**Detachment means** a course of constructive independence, not a license to back off with thoughts of retaliation., It is an assertion of my human rights put in biblical perspective. It is tough love used as a tool for God to work, not a weapon for use for retribution.

**Detachment means** being objective, but not indifferent; flexible but not indecisive; firm, but not hard; wise, but not clever; patient, but not resigned; strong, but not overbearing; resolute, but not stubborn; compassionate, but not indulgent. Loving, but not possessing.

**Detachment means** when I can learn to live not "above" circumstances, but "in" circumstances with complete trust in the Lord and full assurance that He is in control; that He loves me and my chemical dependent and will do His part in helping both of us to recover. It is when I can feel Christ's acceptance and love so fully, that I find self-worth and significance and He becomes my source and reason for survival.