



Depression Scale Guidelines

- ☐ "Patient Version" is intended to be filled out in waiting room, prior to first visit. Helpful in augmenting physician interview.
- ☐ "Clinical Version" is intended to obtain a relative measure of improvement in patient symptoms over time.

Depression Score

0-9
10-20
21-40
41-70
71-100
101-130
130 or above

Severity of Illness

0 = normal limits
1 = borderline
2 = mildly ill
3 = moderately ill
4 = markedly ill
5 = severely ill
6 = extremely ill

The above is only to be considered a guideline. There may be individual patients whose ratings vary for specific reasons. For example, a depressed patient with severe psychomotor retardation but with relatively few anxiety symptoms may have a low score and still be considered "markedly ill." Conversely, a depressed patient exhibiting agitation and relatively high anxiety may have a higher score, and yet be considered "moderately ill."

Guidelines for Improvement Change

Mild Improvement	↓	25%	↑	Mild Deterioration
Moderate Improvement	↓	50%	↑	Moderate Deterioration
Marked Improvement	↓		↑	Marked Deterioration

N.B.: These are relative guidelines only. Biostatistical summaries are not yet available.