



## **Courageous Confession**

1. Attitude of humility and sorrow
2. Confess wrong to God first.
3. "I was wrong..."
4. Exact nature of wrong
5. "I realize that made you feel..." (Ask for 3 feeling words if you need to)
6. "And I feel \_\_\_\_\_ for you"
7. "I have asked God's forgiveness and I am asking Him to make me more...."
8. "Will you forgive me?"
9. "Can I pray for you that God will heal your hurt?"