

CODA Slogans for Reinforcement

Let go and let God.	Turn it over to God.
One day at a time.	Stop and smell the roses.
Misery is optional.	You have a choice.
You are not alone.	God doesn't make junk.
I am only in control of <u>me</u> .	Let it begin with me.
l can because I think I can.	Fake it till you make it.
Take it easy on yourself.	Be good to yourself.
Don't take it personally.	Let them be them.
First things first.	Today is not a rehearsal.
How miserable do you want to be?	This, too, shall pass.
Happiness is an inside job.	You are your thoughts.

K.I.S.S. = Keep it simple, sweetheart.
With God, all things are possible.
Adopt an attitude of gratitude.
Keep your head where your body is.
There is nothing you and God can't handle.
How important will it be 100 years from now?
Didn't cause it, can't cure it, can't control it.
Take the cotton out of your ears and put it in your mouth.

Be CoupleStrong.