



## Children's Feeling Exercise

Now this is just a game. **Have each child hold a toy previously used from trinket box.**  
"Peter, you snatch Kevin's toy from him."

"Kevin, how do you feel about that?" **Kevin responds.**

"Peter, no, let him have it back."

Now, how do you feel Kevin? **After child answers, repeat with other pairs.**

**Use a picture of a fire truck.** Larry, how would going for a ride on this fire truck make you feel?" **Let child respond.**

Let's pretend that a man came back and said, "Okay, now you can go for a ride." How would that make you feel now? **Same child responds.**

**Use a picture of a ball.** "How do you think Steven might feel if we let him play this ball?" **Group answers.**

Maybe he would feel happy and maybe he would not feel happy. Let's find out. How can we find out? **Encourage children to ask.**

Let's pretend someone came along and threw the ball out the window so Steven could not play with it anymore. "Now how do you think Steven might feel?"

He might feel sad or he might feel mad. How can we find out?

**Encourage children to ask.**