



## Breaking Sexual Soul Ties

I know we've said it before, it bears repeating: Most men struggle with lust and porn and counterfeit beauties *not because of sex* but because they are desperately seeking validation as a man.

*Lord Jesus, you made me a sexual being and made sexuality to be good and holy. Forgive me for abusing your creation, for all of my sexual sins with [her name]. I took something that was not mine to take and gave away something that was not hers to have. Forgive me, Lord. I bring all these sins under your cross and your atonement. Wash us both with your blood. And by your cross I break all soul ties and all bonds with [name] which were created through those sexual acts. For by your cross I am crucified now to [her name] and she is crucified to me (Galatians 6:14). I release her to you totally, and ask you to restore her to you. I once again present my body and my sexuality to you as a living sacrifice (Romans 12:1) to be your holy temple. By the cross and blood of Jesus, I cancel all claims that Satan has gained to me through my sins (Colossians 2:13-15). Jesus, restore my strength, restore my heart, restore my sexuality in a holy bond with you, and you alone. I pray this in the mighty name of Jesus.*