



Borderline: Identifying Characteristics

1. Intense, unstable personal relationships.
2. Repetitive self-destructive behaviors.
3. Chronic fears of abandonment.
4. Chronic feelings of intense anger, loneliness, and emptiness.
5. A wide range of cognitive distortions including undue suspiciousness, feeling of disassociation, and odd types of thinking including superstitious ness and feeling they have a sixth sense about things.
6. Impulsive behaviors such as running away, fighting, promiscuity, abuse of drugs, and binge eating that disrupt functioning relationships.
7. Unstable social relationships and repeated flight and failure in job situations.