



## **SPOUSE ABUSE**

# **Batterer Treatment Model Overview**

### **Phase I — Crisis Intervention**

- A. Educate about violence and violence control.
- B. Help with the identification of feelings.
- C. Teach socially acceptable channeling of feelings.
- D. Develop a danger-management plan.

### **Phase II — Short-term Counseling**

- A. Channel power needs into socially acceptable channels.
- B. Shame and guilt work.
- C. Explore fears of abandonment.

### **Phase III — Long-term Counseling**

- A. Heal abuse of the past.
- B. Develop relational skills with other men, women, and spouse.