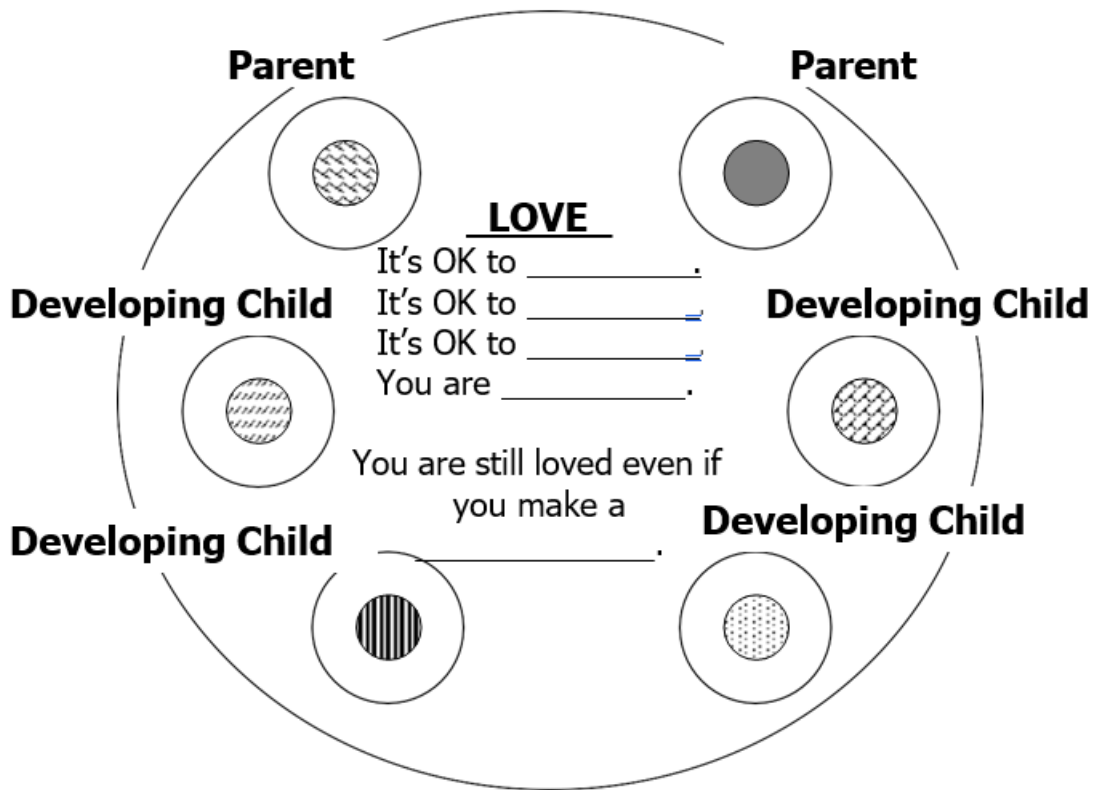




The Functional Family System

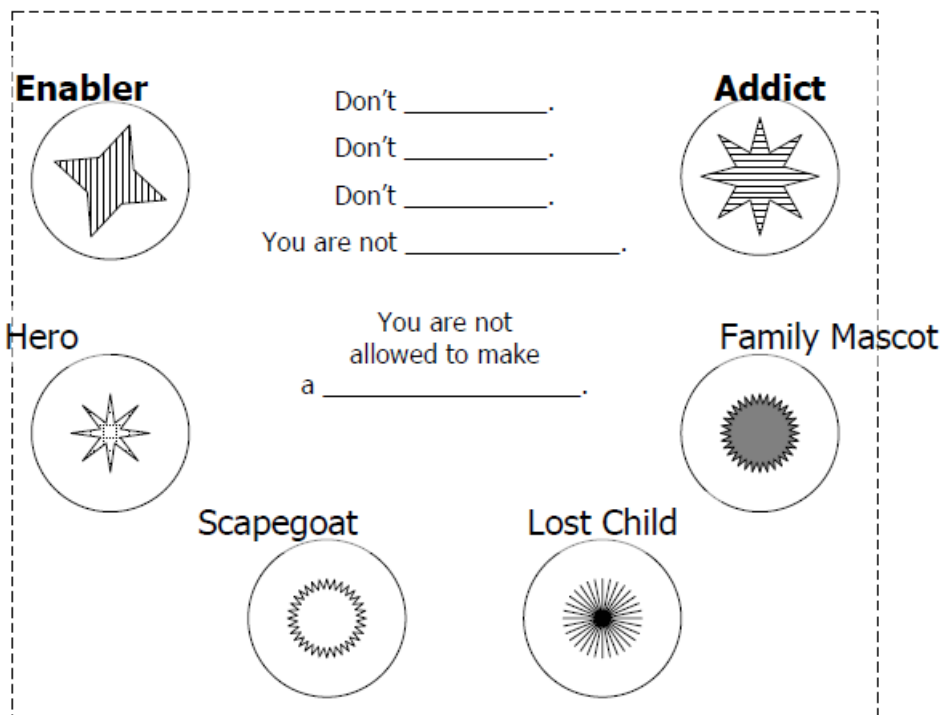


The circles represent the development of a person's concept of worth. The parents are represented as being emotionally healthy, which is indicated by the darkened circles. In the children, various degrees of shading are used to indicate their emotional development. The outer circles represent life roles. Examples of roles are:

- ❖ Parent–wife, mother, teacher, friend, artist, etc.
- ❖ Parent–husband, father, businessman, friend, Sunday school teacher, etc.
- ❖ Child–brother, sister, student, athlete, dancer, friend, etc.



The Dysfunctional Family System



In this type of family system normal emotional development is often lost. All of the unconscious focus is on the addict and other dysfunctional persons.

- ❖ The **Enabler** tries to make everything okay.
- ❖ The **Hero** thinks that by being perfect he can cause the problems to go away.
- ❖ The **Scapegoat** rebels against family problems and ultimately believes that he is the problem.
- ❖ The **Lost Child** pulls into a shell, withdraws and isolates himself from meaningful relationships.
- ❖ The **Mascot** desperately tries to make everyone laugh in the midst of this tragedy of the family situation.