



## **Letter on Communication of Character**

1. Set a time and place where you can be alone and uninterrupted.
2. Choose a character quality you want to write about (take turns doing this). Each will write a letter to their spouse at the same time.
3. Begin your letter with an affectionate creative greeting (don't put the same thing every week).
4. Write something you like or appreciate about your spouse and why.
5. Express your commitment to your marriage relationship.
6. Write how you feel when your spouse exercises the quality.
7. Write how you feel when your spouse does not exercise the quality.
8. Write about how your spouse has specifically demonstrated this quality in their life.
9. Write about when your spouse has failed to demonstrate this quality.
10. Write how you respond when your spouse demonstrates this quality.
11. Write how you respond when your spouse fails to demonstrate this quality.
12. Write what qualities God is building in your life when your spouse exercises this quality.
13. Write what qualities God is building in your life when your spouse fails to exercise this quality.
14. Close with affirmation and love and sign the letter.
15. Exchange letters and read.
16. Discuss the letters together.
17. Pray together for one another in development of this quality.



## **Positive Qualities To Be Worked On**

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|---------------------|---------------------|------------------|
| 1. Alertness        | 2. Amiability       | 3. Analytical    |
| 4. Aspiration       | 5. Compassion       | 6. Confidence    |
| 7. Co-operativeness | 8. Courage          | 9. Courtesy      |
| 10. Creativity      | 11. Decisiveness    | 12. Diligence    |
| 13. Discernment     | 14. Discipline      | 15. Discretion   |
| 16. Earnestness     | 17. Efficiency      | 18. Enthusiasm   |
| 19. Expressiveness  | 20. Fair-mindedness | 21. Flexibility  |
| 22. Forgiveness     | 23. Frankness       | 24. Frugality    |
| 25. Generosity      | 26. Gratefulness    | 27. Honesty      |
| 28. Hospitality     | 29. Humility        | 30. Loyalty      |
| 31. Neatness        | 32. Objectivity     | 33. Patience     |
| 34. Persistence     | 35. Persuasiveness  | 36. Punctuality  |
| 37. Purposefulness  | 38. Respectfulness  | 39. Resoluteness |
| 40. Resourcefulness | 41. Resoluteness    | 42. Sincerity    |