



## **Intimate Marriage Encounter Seminar**

**David Speicher**

**Session #1      “What Do We Really Need From Each Other”**      **Chapter 2**  
Top 10 Intimacy Needs    2.2

**Session #2      “What’s Filling Your Emotional Cup”**      **Chapter 3**  
Emotional Cup    3.2  
Three Marital Vignettes    3.3-3.5 (3 pages)  
Healing Family Emotional Hurts    3.8, 3.9  
Marriage Staff Meeting    3.10  
Problems with Which We Struggle    3.6  
Pain Handout ???

**Session #3      “Heal Hurts Through Confession and Forgiveness”**  
How to Respond to My Spouses Hurts    4.1 – 4.3 (3 pages)  
How to Respond to My Hurts    4.4, 4.5 (2 pages)  
Healing Family Emotional Hurts    4.6  
Marriage Staff Meeting    4.7

**Session #4      “Blend Four Ingredients for Marital Closeness”**  
Blending Four Ingredients    5.2, 5.3 (2 pages)  
Intimacy Ingredients from the Upper Room    5.4  
Marriage Staff Meeting    5.5  
Developing a Forgiving Spirit (handout file)

**Session #5      “Be Free From Fear”**      **Chapter 6**  
Be Free From Fear (By Faith)    6.1-6.3 (3 pages)  
Healthy vs. Unhealthy Relationships    6.4  
“Thanks” / “Wish” List    6.5  
Marriage Staff Meeting v.6

**Session #6      “Be Free For Emotional Closeness”**      **Chapter 8**  
Emotions ~ How do you Feel?    8.1  
Developing Intimacy Skills    8.4  
Examples of Unproductive Responses: (not teacher’s version)    8.5  
Four Case Study    8.7, 8.8 (2 pages)  
Marriage Staff Meeting    8.9



**Session #7      “Be Free From Marital Games”      Chapter 9**

Marital Games Questionnaire    9.2  
Behavioral Games Couples Play (all)    9.4 – 9.9 (6 pages)  
Marriage Staff Meeting    9.10

**Session #8      “Understand the Pain and Potential of Intimacy Needs”      Chapter 10**

Understanding Intimacy Needs    10.3  
Current Needs Childhood Needs    10.4, 10.5 (2 pages)  
Marriage Staff Meeting    10.6

**Session #9      “Leave Your Father and Mother”      Chapter 11**

Top 10 Indicators that We May Need to Emotionally Leave Mom and Dad    11.2  
We need to “Leave Father and Mother” if...    11.3  
Leaving and Cleaving: Four Case Studies    11.4, 11.5 (2 pages)  
Counseling Assessment – Genogram    11.7  
Marriage Staff Meeting    11.8

**Extras:**

Dealing with Pain  
Process of Healing Shame  
Layers of Shame  
Layers of Shame Definitions