

Act Like You Know

Have you ever been confused? Have you ever questioned the right thing to do? Have you ever known the right answer on a test? Or which road to take? Or what job to take? Or what to do with your kid? Have you ever been forced to make chices without enough information? When you are in one of these situations, you are forced into "acting like you know" when you aren't sure you really do.

Have you ever asked questions when you knew the answer if you really stopped to think? When you do this, you are acting like you "don't' know." (Students do this more often than we realize.)

Acting on our own best judgment and thinking things on our own under pressure builds self-esteem.

Fill in the blanks by "acting like you know" the answer:

1. It would be a good risk for me if ________.

2. My biggest block in life right now is _______.

3. I need to apologize to _______.

4. Something positive I can do in this class that is unlike me is _______.

5. The answer to a problem I have is _______.