



THE TEN STEPS TO WHOLENESS IN CHRIST

STEP 1:	<u>I admit that I have become powerless over my (Name your sin addiction) and that my life is unmanageable.</u>
Romans 3:23	For all have sinned, and come short of the Glory of God.
Romans 6:16	Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to who ye obey; whether of sin unto death, or of obedience unto righteous?
John 8:34	Jesus answered them, verily, verily, I say unto you, whosoever committeth sin is the servant of sin.
STEP 2:	<u>I believe that through the Lord Jesus Christ I can be restored to a right relationship with God, the Father, and to a sanity and stability to my life.</u>
John 3:16	For God so loved the world, that he gave his only begotten son, that whosoever believeth in Him should not perish, but have everlasting life.
John 14:6	Jesus said unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by Me.
Romans 5:8	But God commendeth His love toward us, in that while we were yet sinners, Christ died for us.
STEP 3:	<u>I make the decision to accept the fact that Jesus Christ died for me and paid my penalty for sins and sinfulness, and I now trust in Him as my savior.</u>
Romans 10: 9,10	That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised Him from the dead. Thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.



Ephesians 2:8,9 For by grace are ye saved through faith; and not of yourselves: It is the gift of God; not of works, lest any man should boast.

STEP 4: I will now begin my searching and fearless moral inventory with God's help.

Proverbs 28:13 He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them have mercy.

Psalms 32:5 I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the Lord; and thou forgavest the iniquity of my sin.

Ephesians 5:1,2 Be ye therefore followers of God, as dear children: and walk in love, as Christ also hath loved us, and hath given himself for us, an offering and sweet smelling Saviour...

Philippians 5:3,4 But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints; neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving thanks...

Philippians 5:5,6 For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience.

Philippians 5:7,8 Be not ye therefore partakers with them. For ye were sometimes darkness, but now are ye light in the Lord: walk as children of the light...

Philippians 5:9,10 (For the Fruit of the Spirit is in all goodness and righteousness and truth), proving what is acceptable unto the Lord...

Philippians 5:11,12 And have no fellowship with the unfruitful works of darkness, but rather reprove them. For it is a shame even to speak of those things which are done of them in secret...

Ephesians 5:13,14 But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light. Wherefore He saith, awake thou that sleepest..., and Christ shall give thee light.



Ephesians 5:15,16 See then that ye walk circumspectly, not as fools, but as fools, but as wise redeeming the time, because the days are evil...

Ephesians 5:17,18 Wherefore be ye not unwise, but understand what the will of the Lord is. And be not drunk with wine, wherein is excess; but be filled with the Spirit...

STEP 5: I have admitted my sins to God and myself, and I now will find another human being to whom I will admit the exact nature of my sins.

I John 1:8, 9 If we say that we have not sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

James 5:16 Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

Galatians 6:1,2 Bretheren, if a man be overtaken in a fault, ye which are spiritual, restore such as one in the spirit of meekness; considering thyself, lest thou also be tempted... bear ye one another's burdens, and so fulfill the law of Christ...

STEP 6: I am now ready to have God change me, from the sinful person I was before I trusted in Jesus Christ as my savior, into the new person I am now in Christ.

Romans 12:1,2 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service

Ephesians 4: 22,24 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; and be renewed in the spirit of your mind; and that ye put on the new man, which after God is created in righteousness and true holiness...

Ephesians 4:25,26 Wherefore putting away lying, speak every man truth with his neighbor: for we are members one of another. Be ye angry, and sin not: let not the sun go down on your wrath...



Ephesians 4:27,28	Neither give place to the devil. Let him that stole, steal no more: but rather let him labour, working with his hands the thing which is good, that he may have to give to him that needth...
Ephesians 4:29,30	Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers...
Ephesians 4:31,32	Let all bitterness and wrath and anger an unwholesome and evil speaking, be put away from you, with all malice: and be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake has forgiven you...
Colossians 3:1,2	Since ye have been risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth...
Colossians 3:3,4	For you are dead, and your life is hid with Christ in God. When Christ, who is our life, shall appear, then shall ye also appear with him in glory...
Colossians 3:5,6	Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence and covetousness, which is idolatry: for which things' sake the wrath of God cometh on the children of disobedience...
Colossians 3:7,8	In which ye also walked some time, when ye lived in them. But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth...
Colossians 3:9,10	Lie not one to another, seeing that ye have put off the old man with his deeds; and have put on the new man, which is renewed in knowledge after the image of him that created him.

STEP 7:	I will make a list of all the people that I might have harmed and I will seek ways to make amends to them all, whenever possible, except when doing so would injure someone.
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Romans 13:7,8	Give everyone what you owe him: if you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor. Let no debt remain outstanding, except the continuing
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debt to love one another, for he who loves his fellow man has fulfilled the law.

Proverbs 14:9

Fools mock at making amends for sins, but good will is found among the upright.

STEP 8

I will continue to take a daily personal inventory and to thank God for the changes and promptly confess any failure.

Romans 12:3

For by the grace of God given me I say to everyone of you: do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.

I John 1:9

If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

STEP 9:

I will seek, through prayer and meditation on God's word, to improve my conscious contact with God, seeking His will for me, and allowing His spirit's power to accomplish His purposes in my life.

I Corinthians 10:12

Wherefore let him that thinks he stands take heed lest he fall.

I Thessalonians
5:16-18

Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of God in Christ Jesus concerning you.

Proverbs 4:20,22

My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh.

Psalms 139:23,24

Search me, O God, and know my heart: try me and know my thoughts: and see if there be any wicked way in me and lead me in the way everlasting.

STEP 10:

As I become aware of being dead to sin and alive to God, and as God's grace empowers me to live my new life in Christ, I will share my new life with other people who need this life of Christ.

Romans 6:12-14

Let not sin therefore reign in your mortal Body, that ye should obey it in the lust thereof. Neither yield ye your members as



instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God.

Romans 15:1,2

We then that are strong ought to bear the infirmities of the weak, and not to please ourselves. Let everyone of us please his neighbor for his good and edification.

II Corinthians 5:17-20

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation; to wit, that God was in Christ, reconciling

the world unto himself, not imputing their trespasses unto them; and hath committed unto us the word of reconciliation. Now then, we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled by God... (Also Galatians 2:20)

STEP 1

What precisely do you want to stop in your life?

There may be many, but what one thing has God clearly shown you?

In what way does this addiction hurt you? Romans 6:16

In what way does this addiction hurt others?

In what way does this addiction hurt God?

Is this behavior a sin? Are you a sinner?

Are you powerless to stop this destructive behavior?
John 8:34

Can you depend upon your own resources, your own mind and will power, to solve this addiction?

Why is it important to realize you are powerless?

STEP 2

Does God love me in spite of my sins? Romans 5:8



Does God have the power to cleanse me and heal me?

Luke 4:18

Corinthians 6:9-11

How has God shown He loves me? John 3:16

How can I allow God, in His love for me, to change me?

John 3:16

STEP 3

Will you now trust in Jesus Christ as your personal Savior?

Am I now forgiven by God for my sins? How do I know?

I John 5:11-12

Where is Jesus now that I have received Him as my own Savior? Ephesians 3:17, Galatians 2:20

How do I know I am saved from the penalty of my sins?

Romans 6:23

Who do I now belong to? I Corinthians 6:19-20

STEP 4

What will happen IF I AM NOT WILLING to acknowledge my sin? Proverbs 28:13

What will happen IF I AM WILLING to acknowledge my sin?

What sins have I committed?

As a person, what positive characteristics do I have?

Who am I now to follow in life? Ephesians 5:1-2

What kind of attitude am I to have toward God and others? Ephesians 5:1-2

From what am I to flee? I Corinthians 6:18, Ephesians 5:3-4

Who am I not to have fellowship with? Ephesians 5:11-12

STEP 5

Who can I confide in? Galatians 6:1-2

Why is it helpful to talk to someone else honestly? James 5:16

What is confession of my sins?

Can I expect God's complete forgiveness? I John 1:9



STEP 6

What part of you should you offer to God, so He can begin changing you? Romans 12:1-2

In what way can you obey God and help in His changing you? Ephesians 4:22-23

What does it mean to "Set Your Affections Above?"
Colossians 3:1-2

What are we to put off and what are we to put on?
Colossians 3:5-10

STEP 7

What is the only thing we are to owe someone?
Romans 13:7-8?

What does God call me, if I'm not willing to make amends?
Proverbs 14:9

Name seven attitudes and actions God tells us to have towards others. Romans 12:14-18

STEP 8

Who should I rely on to help me with my personal inventory? Psalms 139:23-24

When you "think of yourself more highly than you ought," what is that called and where does it lead? Romans 12:3, Proverbs 16:18

What is the opposite of pride? James 4:6

What is God faithful to do? I John 1:9

STEP 9

What are three things that I can know are God's will for me?
I Thessalonians 5:16-18

Why should I meditate on God's word? Proverbs 4:20-22, Matthew 4:4

What is one way I can find God's approval? I Timothy 2:15

STEP 10

What am I not to obey? Romans 6:12

What am I in Christ? II Corinthians 5:17

What ministry has God given us? II Corinthians 5:18-20
