



## **RENEWAL OF MIND**

Romans 12:1-2

Proverbs 23:7

James 1:8

### **A. Evidences of an unrenewed mind**

1. Uncontrollable thoughts – imagination
2. Daydream or wonder
3. Confused ideas – unstable and can't think straight, small problems look big.
4. Broken record thought – something keeps going through your mind.
5. Mind races
6. Memory loss
7. Inability to retain spiritual truth
8. Inability to pass truth to others
9. Prejudiced mindsets
10. Vacillation/always changing/double-mindedness
11. Can't focus your attention/can't look someone in the eyes

### **B. Causes of unrenewed mind: You will to chose it, Satan**

1. Cherished sin (Romans 6) (Ephesians 4)
2. Worldly thoughts (I John 2:15-17)
3. Neglecting Spiritual things (Proverbs 4:23)
4. Blank mind or passive mind (Proverbs)

### **C. How to regain Control over the mind**

1. Receive the finished work of Calvary (Romans 6)
2. Choose Renewal (Romans 12:1-2)
3. Accept Christ's mind (I Corinthians 2:16; Philippians 2:5) "Let this mind..."
4. Tear down strongholds (II Corinthians 10:3-5)

### **D. Let the Scriptures accomplish healing: Read, Meditation, Memorize, Apply, Evaluate**

1. Is there an example for me to follow?
2. Is there a sin for me to avoid?
3. Is there a command for me to obey?
4. Is there a promise for me to claim?
5. What can I learn of God?
6. Is there further exploration needed?
7. Is there something for me to pray about?
8. Allow Holy Spirit and other Scripture illumine and interpret Scripture.
9. Can you see the Word historically, theologically and relationally?
10. Let Scripture instruct, reprove and convict of sin, correct error and discipline in obedience and train in righteousness. (II Timothy 3:16-17)