

# **Preparation for Deliverance**

### Open Doors List -

Pray before approaching the open door list. Ask God to show you things in each of these areas that have been an invitation for the enemy to be in your life. Go through the list several times over a period of several weeks. God will reveal things as you allow him to uncover them and usually this takes time and things will come to you as you remove the layers.

## Prayers to close open doors -

After you have completed the Open Door List, take your time to go through the prayers. Don't worry that you may have forgotten something. As God shows them to you, take care of them.

 After you have gone through the open doors list and prayers for the last time, you may burn the list.

## Strongholds List -

Pray before going over the list. Circle anything that God reveals to you. You don't need to worry about missing something. God will reveal it in His time. Deliverance is part of your journey to freedom. God will set you free and continue to set you free. Bring the list to your deliverance prayer session.



## **Open Doors**

Sps.: 2 3 3.3
<b>Past Experiences</b> - List past traumatic experiences (death in family, abuse, accidents, etc) that you feel have influenced you spiritually.
Unconfessed Sin - List all sin you haven't confessed and repented to God for.
<b>Rebellion</b> - List any rebellion against authority including God.
<b>Wrong Priorities</b> - List anything that you have exalted above God's word or plans for you. Include disobedience in anything you know God wanted you to do.
<b>Unforgiveness</b> - List anyone you have unforgiveness or resentment toward whether they are dead or alive.



**Generational Sins** - List any patterns of sin you know have been in previous generations that you see repeating in your life or your children.

**Word Curses** - List anything you have spoken or someone has spoken over you or to you that does not line up with who you are in Christ.

Occult Dealings - List any occult dealings you have had... anything that would give you guidance from a source other than God. (Ouiji boards, seance, horoscope, superstition, levitation, palm reading, psychics, etc...)

**Soul Ties** - List all people you were sexually involved with outside marriage. Include abuse, assault, or homosexual relationships or homosexual advances even if you did not act on them. List anyone who has been a controlling influence in your life whether they are dead or alive. If you have had an abortion, you need to break a soul tie with the unborn baby.



## Prayers to Close Open Doors

## Past Experiences

Heavenly Father, I thank you that you can use all things for good for those who love you and are called according to your purposes. I love you and trust that your Word is true. I lay all my past experiences at your feet and trust that you will use them for my good. I take away any power that the enemy has had to use them against me. I ask you to heal me in these areas in Jesus' name, Amen.

#### **Unconfessed Sin**

Heavenly Father, I thank you that I can come to you for forgiveness for my sin because you sent your son, Jesus, to pay my debt on the cross. I confess that I (name the sin) and I repent for it. Thank you for forgiving me. In Jesus' name, Amen.

#### Rebellion

Heavenly Father, I repent for any rebellion against authority over me including you, my parents, teachers, leaders and employers. I recognize that you put authority over me and that I am wrong to rebel. Thank you for setting things in order in my life. In Jesus' name, Amen.

### Wrong Priorities

Heavenly Father, I repent for my wrong priorities of (name them). I repent for putting these things above you and your truth. Help me to walk in your truth seeking first your kingdom and all these things shall be added to me. In Jesus' name, Amen.

#### Unforgiveness

Heavenly Father, I confess that I have not loved, but have resented certain people and I confess that I have unforgiveness toward (name the people) in my heart. Lord, help me to forgive. Now I choose to forgive them. I release them from my judgment and I thank you that I am not their judge and that you are my judge. In Jesus' name, Amen.

#### Generational Sins

Heavenly Father, I thank you that I am free from curses because Jesus became my curse on the cross. Thank you that by His resurrection, He defeated the enemy, Satan. I renounce and break all generational curses (name them) off of me and my children (name them) in the name of Jesus. I declare by Jesus' name that no generation sins can passed down from my ancestors, through me, to my future generations. I cut them off in the name of Jesus, Amen.



#### **Word Curses**

Father, I thank you that you said the power of life and death is in the tongue. I declare that every word curse (name them) I have spoken is renounced in the name of Jesus and I speak life to that place. I declare that every word curse (name them) spoken over me or to me is dead and cut off from me in the name of Jesus. I forgive those who have cursed me with their words and I ask you to bless them in the name of Jesus, Amen.

### Occult Dealings

Father God, I confess and repent of any and all occult dealings that I've had. I proclaim that you are my help and you give me direction. I confess as sin (name them) and even those I don't remember. I renounce any demonic spirit that may have come in as a result of my participation in the occult. I thank you, Lord, that you are the only source of direction and help for me in the name of Jesus, Amen.

#### Soul Ties

Heavenly Father, I forgive and loose in the freedom of forgiveness anyone I have ungodly soul ties with. I take away any path of the enemy to use against each other. I ask you to bless them and I thank you for making me free to be everything you have created me to be. Thank you for cleansing me and setting me free in Jesus' name, Amen.

## Strongholds List

HAUGHTY (Proverbs 16:	18) HEAVINESS	(Isaiah 61:3)	BONDAGE (	Romans 8:1	5)
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Pride Fatique Hindering Judgment Grief Anguish Perfection Depression Greed/Gluttony Accusation Guilt Obesity Competition Despair Lunacy Self-pity Addiction Mind Idolatry

Mockery Gloominess & Sadness Spiritual Blindness
Stubbornness Loneliness

Self-righteousness

Gossip



**DEAF & DUMB (Mk 9:17,25)** 

Mental Illness

Insanity Seizures Epilepsy

Double Mindedness

Suicide

Multi-personality

Trances Hyperactivity

SLUMBER (Isaiah 56:10)

Withdrawal Mind Binding Sleepiness Forgetfulness

Stupidity Daydreaming

FAMILIAR (I Sam. 28:7,Isa

8:19)
Occult
Astrology
Horoscope
Fortune Telling

FEAR (II Timothy 1:7)

Rejection Insecurity Worry Sensitivity Fear of Authority

Terror Torment Nightmares Timidity

Phobias

Inferiority Complex

Inadequacy

JEALOUSY (Numbers 5:11-14)

Impatience Bitterness Strife

Covetousness Control (Jezebel)

Retaliation Suspicion

Rage (Proverbs 6:34)

Revenge Anger Murder Wrath Restlessness

Hate

LYING (Jeremiah 23:14)

Adultery

Lies/Deception

Profanity Hypocrisy Condemning Self-esteem

Theft Isolation Vanity

ANTI-CHRIST (IJohn 4:3)

Doubt Rebellion Witchcraft Self-exaltation

POVERTY (John 10:10)

**INFIRMITY (Luke 13:11)** 

**Every Disease** 

Death

WHOREDOM (Hos 4:12,

Eze 16:23) Mind Control Prostitution

Cults
Religious
Legalism
Idolatry
Martial Arts
Emotional
Weakness
Fornication

PERVERSION (Isaiah 19:14)

Word Twisting (Acts 13:10)

Lust (Proverbs 23:33)

Lesbianism
Homosexuality
Masturbation
Child Molestation
Exhibitionism
Pornography
Self Love
Doctrinal Error
Seducing Spirit