



A Woman Needs: OPENNESS

Your Wife Feels You Are Open to Her When...

- ☐ you share your feelings, telling about your day and difficulties.
- ☐ you say, "Let's talk," ask her what she's feeling, and ask for her opinions.
- ☐ your face shows you want to talk-relaxed body language, good eye contact.
- ☐ you take her for a walk to talk and reminisce about how you met or perhaps you talk about the kids and problems she may be having with them.
- ☐ you pray with her.
- ☐ you give her your full attention...no grunting responses while trying to watch TV, read the newspaper, or write e-mails.
- ☐ you discuss financial concerns, possible job changes, or ideas for your future.

This handout is an excerpt from the book. **Love and Respect** by Dr. Emerson Eggerichs (ISBN 1-59145-187-6).
This handout is to be solely used for nonprofit educational purposes.