



A Woman Needs: ESTEEM

Your Wife Will Feel Esteemed When...

- ☐ you say, "I'm so proud of the way you handled that."
- ☐ you speak highly of her in front of others.
- ☐ you open the door for her.
- ☐ you try something new with her.
- ☐ you give her encouragement or praise with kindness and enthusiasm.
- ☐ you notice something different about her hair or clothes.
- ☐ you are physically affectionate with her in public.
- ☐ you teach the children to show her and others respect.
- ☐ you value her opinion in the gray areas as not wrong but just different-and valid.
- ☐ you choose family outings over "guy things,"
- ☐ you make her feel first in importance.
- ☐ you are proud of her and all she does.

This handout is an excerpt from the book. **Love and Respect** by Dr. Emerson Eggerichs (ISBN 1-59145-187-6).
This handout is to be solely used for nonprofit educational purposes.