

Take A Look At Your Time Usage As Is

Ephesians 5:15 & 16 Colossians 4:5 & 6

Time spent in an average week on ---

1)	TV movies radio (exclusively)	
2)	Newspaper non-Christian literature	
3)	Personal Recreation golf, bridge, etc	
4)	Social Life clubs, etc.	<u> </u>
5)	Family devoted exclusively to members	<u> </u>
6)	Wasted nothing to do	<u> </u>
7)	Spiritual Development	
	Personal prayer & Bible Study	
	Attending Meetings	
	Service for God to help others	

Are you making the most of time? If no, this calls for readjustment. If you desire to be honest, the above can tell you are really like and what you really value.

In this study and practice let us place a high priority on two things and plan them into our schedule. Remember you cannot be a disciple without discipline.

How much time will you give weekly to --

Now turn over this page and budget these into your weekly schedule.

## Be CoupleStrong.