



## **SPOUSE ABUSE**

### **Overview of a Treatment Model for Working With Battered Women**

#### **Phase I---Crisis Intervention**

- A. Assess for the existence of violence.
- B. Assess the danger the woman is in.
- C. Educate the woman about battering and domestic violence and
- D. validate her experience.
- E. Develop and practice a safety or danger-management plan.

#### **Phase II---Short-term counseling**

- A. Work on empowerment issues.
- B. Develop independent living skills and attitudes.
- C. Help client grieve the loss of the idealized relationship.

#### **Phase III---Long-term counseling**

- A. Heal the past.
- B. Develop trust.
- C. Work from a trauma recovery model to heal resulting psychological problems.