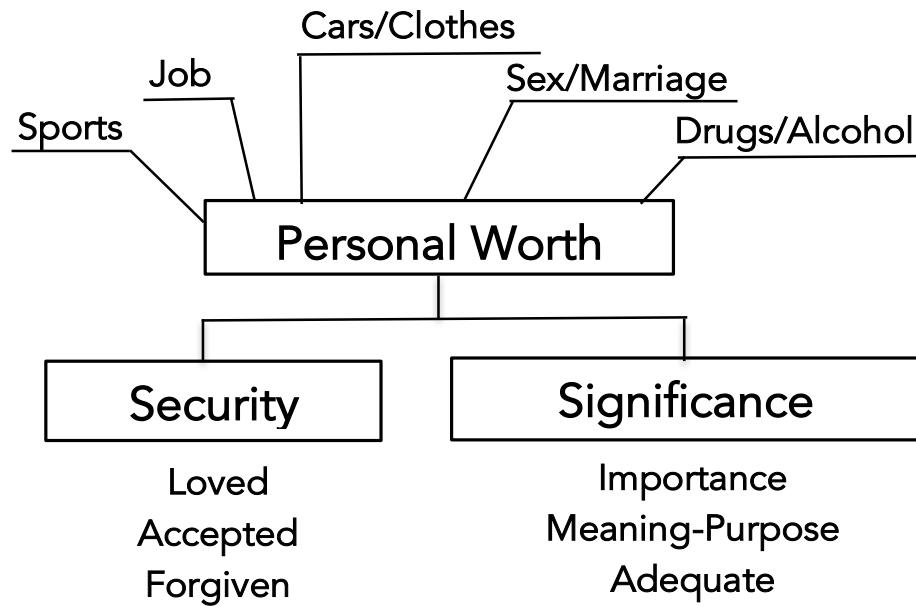
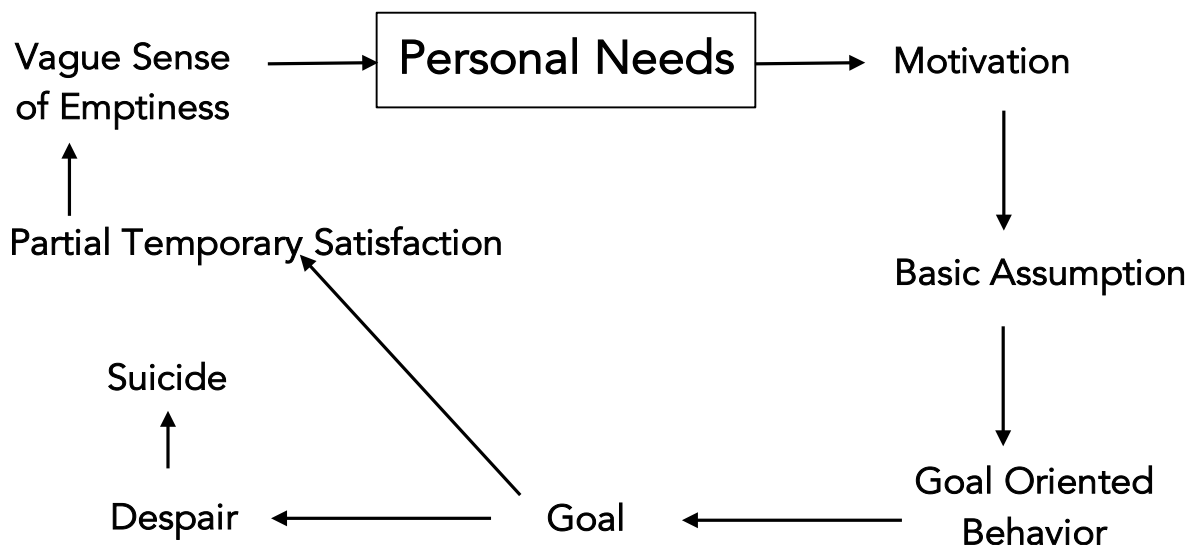




Personal Worth / Self Esteem Chart



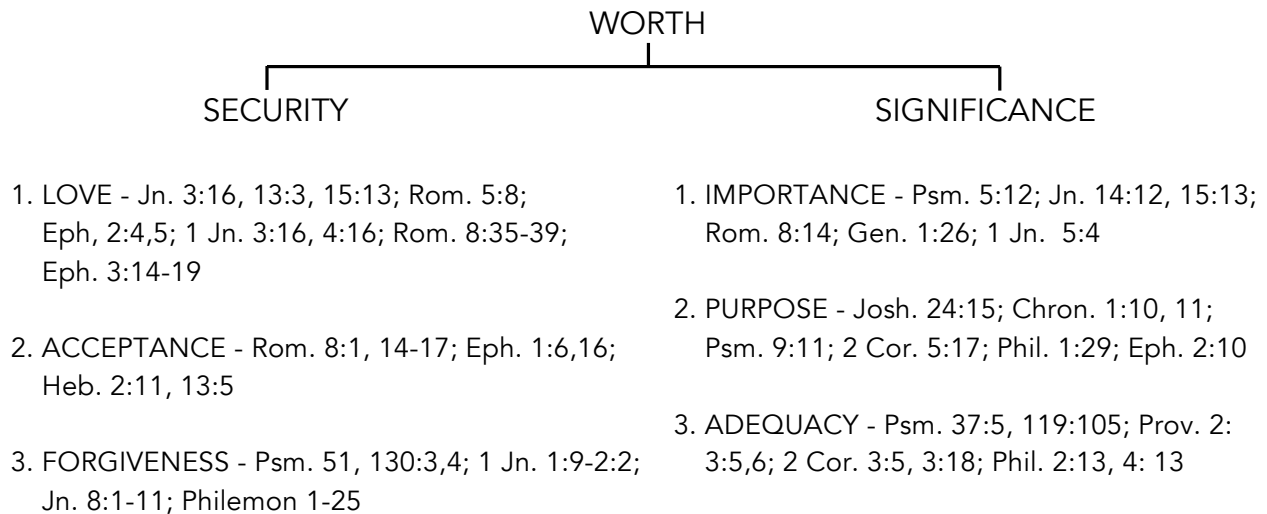
Normal Development Leading to Emptiness





All human beings have a set of personal needs which must be met in order for us to properly function and live as Christians in this world. Just as surely as we must have food and water to meet our physical needs, so also must we have a sense of security and significance to meet our personal needs for worth.

The following chart illustrates the way in which God has chosen to meet each person's need for worth in the Person and work of Christ.



Although the Scriptures are abundantly clear that God has made us personally secure and significant. Satan, the world philosophies, and our own flesh are continually opposing this truth. To help identify specific lies that are fostered by our spiritual enemies, the following format and examples are suggested:

I will be worthwhile (secure and/or significant) if...

1. I have enough money to buy the things I need.
2. I have a good paying job.
3. I have a loving spouse/parent/friend.
4. I have the respect of my friends.
5. I have a "nice" house/car/stereo/etc.
6. I have a better body, prettier face, etc.

The possibilities for such false assumptions and lies are infinite since the slightest variation makes them appear to be totally different. For the believer, each one of the above statements are a lie since all believers are truly worthwhile whether these things are true, or not. The false assumptions in our mind need to be replaced with true, biblical assumptions such as:

I am worthwhile (secure and/or significant) because...

1. I am loved unconditionally by God through Christ.
2. I am completely accepted by God in Christ.
3. I am eternally forgiven by God because of Christ.
4. I am important to God in Christ.
5. I share in the eternal purposes of God with Christ.
6. I am fully able to do and be all that God wants for me, through Christ.